

## Health/Physical Examination and Immunization and TB Skin Testing Requirements

Enclosed in this packet are forms you will need to complete and submit to the College Health Office to meet designated clinical/practicum requirements for your program. Please read the instructions carefully to assure you complete all the appropriate forms.

Students are responsible for **ALL COSTS** related to meeting health/physical exam requirements. Students must complete health/physical exam requirements at their primary health care provider's office.

### Health/Physical Examination Form

- Date of physical exam must be no more than two years prior to the start of the clinical or practicum experience
- Complete personal information at the top of the form, including program selection
- Physical Findings (on front section of the form) must be completed and signed by an MD, Certified Nurse Practitioner, or Physician Assistant
- Be sure to complete the back side of the Health/Physical Form
- Physical needs to be updated every two years
- Interscholastic Athletic Association Sports Card **will not** be accepted

### *Immunization / Communicable Disease & Allergy History on Back of Health/Physical Exam Form (submit ALL requested information)*

#### Hepatitis B Vaccine

- Need documented proof of 3 vaccine dates on the Health/Physical Examination Form, **OR** if you cannot find documented proof of vaccine dates, you can have a blood test/titer to indicate immunity

#### MMR Vaccine

- Need documented proof of 2 vaccine dates, or if unable to find documented proof, have blood test/titer completed that indicates immunity

#### Varicella (Chicken Pox)

- Need documented proof of 2 vaccine dates, or if unable to find documented proof, have blood test/titer completed that indicates immunity

#### Influenza

- Need documented proof of 1 vaccine date.

## **TB Skin Testing Requirements**

**If you have never had a TB skin test or you have not had one within the last year, you will need to complete the following 2-step procedure**

- First TB skin test is placed and then read within 48 to 72 hours
- Second TB skin test is placed at least **7 days or later** after the first TB skin test and read within 48 to 72 hours

**If you have had annual TB skin tests you must provide:**

- A copy of TB skin test results from **this** calendar year ***AND***
- A copy of TB skin test results from the **previous** calendar year

**If you have a history of a positive TB skin test**

- Complete sections 1 and 2 of the TB Skin Test Form
- Provide a copy of chest x-ray performed **within the past 5 years**

All forms and laboratory test results must be submitted to the College Health Office at Southwest Tech for review and acceptance before they are considered complete. This may be accomplished by mailing documents to the College Health Office, faxing forms to 608-822-2776, emailing to [vreynolds@swtc.edu](mailto:vreynolds@swtc.edu), or by dropping off forms in the Health Education Office in Room 1639, 1<sup>st</sup> Floor, Health Science Center. You will receive a phone call or email from the College Health Office if your forms are incomplete or you are missing information.

If you misplace your health form, please log on to the Southwest Tech web site at [www.swtc.edu](http://www.swtc.edu), scroll to the bottom of the page, and access the link to "Health/Physical Forms" listed under Southwest Tech Information/Forms.

**You may contact the College Health Office to check on the status of your paperwork at any time.  
Thank you.**

Virginia Reynolds, LPN  
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